



Dr Hermann Toplak is a Professor of Medicine at the University of Graz. He was in the Executive Council (2015-2018) and also the President of The European Association for the Study of Obesity (EASO) from 2015 to 2018 and has been a long standing active member of its Obesity Management Task Force (OMTF). He has also held a number of positions in World Obesity Forum (WOF) and is a member of various national and international societies.

Dr Toplak underwent postdoctoral training in laboratory medicine in Graz and Berne, Switzerland, and completed his clinical and research training in internal medicine and endocrinology at the Medical Faculty of the Karl-Franzens-University of Graz (which was, in 2004, renamed to the Medical University of Graz), Department of Internal Medicine. There he

focuses primarily on obesity, diabetes and the lipid clinic. Since 2011 he runs a master course in applied nutrition medicine with almost 70 graduates up know.

Dr Toplak has been involved in about 300 clinical trials and has published widely on a range of topics dealing with obesity, nutrition, diabetes, hyperlipidaemia, hypertension and vascular disease. He has authored numerous publications in international peer-reviewed journals such as Diabetes, Diabetologia, Obesity Facts, Hypertension, Nutrients, European Journal of Clinical Nutrition, Diabetes Obesity and Metabolism as well as Biochemical Pharmacology and Biochimica Biophysica Acta. As an active lecturer, he has presented at many national and international conferences.